

Creating The Family Apothecary

A workshop series created for those wanting to learn to use natural remedies to address common ailments in their homes and community.

PARTICIPANTS WILL GET HANDS ON EXPERIENCE MAKING THEIR OWN HERBAL REMEDIES TO TAKE HOME ALONG WITH HANDOUTS FROM EACH CLASS.

Enjoy a weekend herbal immersion, Saturday and Sunday, February 22-23, at Tonic Herb Shop. Together we will learn the basics of herbal medicine making and using herbs in your home. Price of the series is \$150 for the weekend. Material fee included in price and all materials are provided.



1

**SATURDAY,
FEBRUARY 22
10 A.M. - 12 P.M.**

Teas, Herbal Baths, & Poultices

2

**SATURDAY,
FEBRUARY 22
1 P.M. - 3 P.M.**

Syrups & Oxymels

3

**SUNDAY,
FEBRUARY 23
10 A.M. - 12 P.M.**

Herbal Oils & Salves

4

**SUNDAY,
FEBRUARY 23
1 P.M. - 3 P.M.**

Tinctures & Glycerites

Creating The Family Apothecary

A weekend herbal immersion in Shepherdstown, WV



**TO REGISTER: Contact Tonic Herb Shop @
tonicherbshop@gmail.com or by phone
304 870 4527**

YOUR INSTRUCTOR

Meaghan has been a practicing herbalist and educator since 2015 studying at both Sky House Herb School and Green Comfort School of Herbal Medicine. Her passion for using herbs is used in her home with her family and pets and expands out to her community and beyond. With her husband, she owns and operates Blooming Mountains Botanical Sanctuary, an herb farm located in Hampshire County, WV. To learn more about Meaghan and her farm visit www.bloomingmntsbotanicalsanctuary.com



TOPICS OF INTEREST

- Colds, flu, and fevers
- Sore throats
- Ear infections
- Eye infections
- Skin irritations and rashes
- Upset stomach and digestive complaints
- Cuts, scrapes, and burns
- Respiratory infections

For questions and accommodations, contact Meaghan at bloomingmntsbotanical@gmail.com

