

PARTICIPANTS WILL GET HANDS ON EXPERIENCE MAKING THEIR OWN HERBAL REMEDIES TO TAKE HOME ALONG WITH HANDOUTS FROM EACH CLASS.

Enjoy a weekend herbal immersion, Saturday and Sunday, February 22-23, at Tonic Herb Shop. Together we will learn the basics of herbal medicine making and using herbs in your home. Price of the series is \$150 for the weekend. Material fee included in price and all materials are provided.

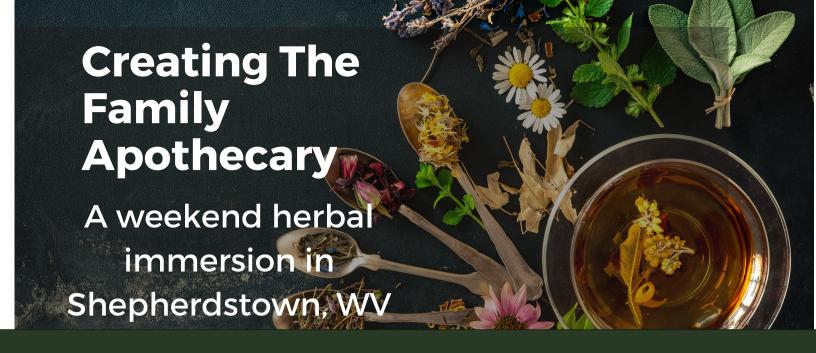


SATURDAY, FEBRUARY 22 10 A.M. - 12 P.M. Teas, Herbal Baths, & Poultices

SATURDAY, FEBRUARY 22 1 P.M. - 3 P.M. Syrups & Oxymels

SUNDAY, FEBRUARY 23 10 A.M. - 12 P.M. Herbal Olls & Salves

SUNDAY, FEBRUARY 23 1 P.M. - 3 P.M. Tinctures & Glycerites



TO REGISTER: Contact Tonic Herb Shop @ tonicherbshop@gmail.com or by phone 304 870 4527

YOUR INSTRUCTOR

Meaghan has been a practicing herbalist and educator since 2015 studying at both Sky House Herb School and Green Comfort School of Herbal Medicine. Her passion for using herbs is used in her home with her family and pets and expands out to her community and beyond. With her husband, she owns and operates Blooming Mountains Botanical Sanctuary, an herb farm located in Hampshire County, WV. To learn more about Meaghan and her farm visit www.bloomingmtnsbotanicalsanctaury.com



TOPICS OF INTEREST

- · Colds, flu, and fevers
- Sore throats
- Ear infections
- Eye infections
- Skin irritations and rashes
- Upset stomach and digestive complaints
- Cuts, scrapes, and burns
- Respiratory infections

For questions and accommodations, contact Meaghan at bloomingmtnsbotanical@gmail.com

